



Lake Washington School District

Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home. This is family.

WSPS

Dear Wolves:

Hopefully your students had a positive first week of school. We know there's no substitute for in-person instruction, but we hope that our synchronous instruction through Microsoft Classroom Teams provided a better experience than last Spring.

EHS Technology Common Agreement

During the launch of remote instruction, we believe it's incredibly important to have commonality on the layout of Classroom Teams, as well as consistent policies and routines around technology. Therefore, we developed [EHS Technology Common Agreements](#) for organizing and managing the platform and conducting synchronous instruction.

Inside EHS Technology Common Agreements, you will find three sets of common agreements.

- EHS Teams Common Agreements
- EHS Synchronous Instruction Technology Norms
- Teacher Practices for Synchronous Instruction

Personalization Time

Eastlake will continue to offer Personalization Time in our schedule to meet the various needs of all our students. We will call it "Pack Time" if students stay together as a class to cover important school business or participate in an activity. This will usually occur in Period 2.

We will call it "Wolf Time" if it is flexible for students and teachers. Wolf Time allows students to access extra support from their teachers during the school day, as well as

make up missed assignments. Students can also sign up for collaborative spaces where they can form study groups or work on group projects.

We will continue to offer enrichment opportunities for students during Wolf Time. In the past, the World Language Department brought in refugees from Venezuela to speak about their experience. We accessed the student interest inventory in Xello to invite individual students to a presentation on aerospace science from Boeing engineers. Counselors put on multiple workshops to help students with career and college planning. Colleges often visit Eastlake during this time. AP teachers used Wolf Time for final preparations before the test. We even offered yoga for students who preferred a calming experience in the middle of the day.

For now, one significant difference will be that students only attend if they want help from their teacher or have been signed up by their teacher. During in-person school, Wolf Time can also mitigate stress and help students balance their busy lives by providing academic work time during the school day. However, during remote school, it does not make sense to require all students to sign in and be with their teacher just to have work time.

We do not know if teachers plan to use the entire 60 minutes of synchronous instruction, so they will use their discretion for when to start Pack Time activities. Furthermore, when Pack Time activities conclude, students can sign-off until their next synchronous class. Likewise, students who attend Wolf Time do not need to stay for the duration unless directed by the teachers.

For Wolf Time, we use a sign-up program called FlexiSched. Using this website, students or teachers can make requests, and the school can track attendance.

This week during Pack Time on Wednesday, September 2 we had a welcome video for students in Grade 9. On Friday, September 4 introduced students to the [Skills and Attributes of a Successful Remote Learner](#). The linked PowerPoint breaks these attributes down into the following categories:

- Independent
- Organized
- Committed
- Strategic
- Attentive
- Centered

Parents can use this resource to facilitate a discussion with their students. Parents can also help by talking with your student about where they plan to spend their Wolf Time.

Upcoming Personalization Time:

- Friday, September 11 (Pack Time) – Period 2 teachers review Students Rights and Responsibilities and a Flexisched tutorial.
- Tuesday, September 15 – Wolf Time
- Friday, September 18 – Wolf Time All EHS Schedules have now been updated with designated Wolf Time or Pack Times.

All [EHS Schedules](#) have now been updated with designated Wolf Time or Pack Times.

Wolf Strong, Pack Strong

-Chris Bede, Principal

News From The Den

Textbook Pickup/Returned Books: Sept 8th - Sept 11th 2:00pm – 4:00pm

Masks are required to enter the building, If you forgot yours, we have them available.

Enter on the side of the school by tennis court/buses, go up the stairs to the entry door and wait to be called to have your temperature checked. Proceed to the commons to get your book.

Textbook Returns: If you picked up the wrong textbook at roll out or realize you no longer need it, please return the book.

Textbook Availability: For core classes in Math, Science, and Humanities please check with your teacher before you plan to come and get a book because some are not available. Textbooks are available and have been pre-checked out **ONLY** for the **TEACHERS AND CLASSES LISTED BELOW.**

- American Sign Language 1, 2, 3
- Mr. Staples Photography 2 (Learn Adobe Photoshop)
- Mr. Staples Video Production (Adobe Premiere Pro)
- Mr. Bradley AP Computer Science A (Building Java Programs)

CTE CLASS NOT USING A TEXTBOOK:

- Photography 1

Throughout the school year teachers will ask many students to come into our school to pick up or drop off textbooks or other class materials. This could include a laptop that needs to be turned in for repair or picked up, art supplies, a novel for Humanities, or anything that cannot be accessed online. If you need a password change, that can be done by email to kastory@lwsd.org.

Starting Monday September 14th, our school will be open during regular days and times every week:

- Mondays 8:00 – 9:00
- Wednesdays 9:00 – 3:00
- Fridays 2:00 – 4:00

Picture Make-Up Day

Picture make-up day is Sept 16th 7:30am – 4:00 pm. No hats, wigs, masks or make-up which alters your normal appearance. Pictures will be in a secure, non-foot traffic area and safety protocols will be observed to allow for the brief removal of masks for the photo. To order photos follow this [link](#).

Financial Assistance Needed?

If your family is experiencing financial hardships Eastlake can offer assistance. We can provide help with textbooks, workbooks, school supplies, and personal items. Please complete this [form](#) and email it to your student's counselor or [Karen Guinasso](#) so we can find ways to help.

Yearbook 2020-2021

Yearbook is looking for pictures and we need your help!

Be creative! Send us images of your students days at home during remote-learning or what they did during summer quarantine and anything else you'd like to share. We want to see what their life has looked like through this whole unique year in their lives! If we come across anything of interest, we may contact you for a feature story!

Follow these simple steps:



- Choose the photo(s) you'd like to submit for consideration in the yearbook
- Link for upload - <https://images.jostens.com/415465497>
- User id - 415465497 (if prompted)
- Upload your photo
- Fill in your students name and enter important information in the description

Feel free to keep adding to build our photo bank!

Yearbook purchasing information will be coming soon.

If you have any questions please contact [Dina Jay](#), Eastlake Yearbook Advisor or look at the [Yearbook page](#) on the Eastlake website.

EHS Library

LOVE TO READ?

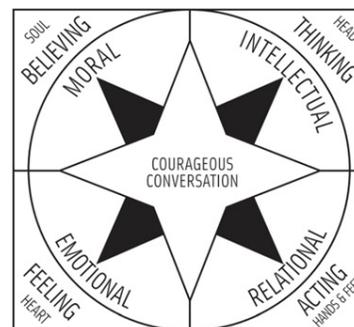
Hello EHS Wolves! I am [Mrs. Story](#) the Librarian and my favorite thing about being a high school librarian is sharing fiction and non-fiction books with students to read for personal interest, curiosity, and authentic life long reading. If you want any print books available in our library just fill out this [Book Request Form](#). I will check them out to you and let you know when and where to pick them up at EHS. We also have a lot of E-Books this year with a new service called SORA. Here is a [link](#) that explains it all. You can also access any E-Books from KCLS through this portal.

Reminder

Power School Learning is no longer being used in LWSD.

Equity at Eastlake

We all have different lived experiences based on our race, ethnicity, nationality and other identifying factors, we relate to racial issues in a variety of ways. Glenn Singleton in his book *Courageous Conversations about Race* points to how these varied experiences can cause tension or misunderstanding when discussing race, "The Courageous Conversation Compass... helps us to know where we are personally as well as to recognize the direction from which other participants come. Collectively it leads us to a mutual understanding of our varied beliefs and opinions and helps us locate the source of our emotions and actions or lack thereof" (pgs. 29-30).



The 4 Points of the Compass Explained:

- **EMOTIONAL:** responding to information through feelings (when racial issues strike us at a physical level and causes sensations such as anger, sadness, joy, or embarrassment).
- **INTELLECTUAL:** response to a racial issue or information may be to personally disconnect or to search for more information or data. Our intellectual response is often verbal and based in our thinking.
- **MORAL:** responding from a deep-seated belief that relates to the racial information or event. Moral views are from the "gut" and may not be verbally articulated.
- **SOCIAL:** connecting and responding to racial information through actions and behaviors.

As we engage in equity work, Eastlake acknowledges that we all have different lived experiences and different levels of understanding around the history of race in the United States and how it has impacted our individual lives and our social, political and

economic structures. Many Eastlake teachers have been participating in a book study on White Fragility and Culturally Responsive Teaching and the Brain, and read other books below to better educate themselves.

Click [here](#) for more resources for each point of the compass.

Assistance With Food During the Pandemic



Pantry Packs

Do you have a student who could benefit from additional weekend food? We can help! Pantry Packs provides weekend food packs for food-insecure LWSD students each week. Students who receive meals at school through federal programs, often go hungry on the weekend or during school breaks. Pantry Packs helps to fill the gap and provide food for those students on non-school days. Please contact your Eastlake High School [counselor](#) for more information and to sign up to receive weekly Pantry Packs for your student.

Food Benefit Assistance

Due to COVID-19 school closures, families may be eligible to get help with food benefits. These food benefits are called Pandemic EBT Emergency School Meals Program or P-EBT. Find out more [here](#).

Athletics



We are hopeful to hold these sports seasons! Please check the status of our programs by using our [athletics website](#). Please also check sport specific websites for updates.

Physical to Update?

If you need to update your students physical you may drop it off at the Eastlake main office beginning August 17th or have your student drop it off when they come to student checkout. Email [Amy Hill](#) with any questions.

Please still register for sports for this school year through [FinalForms](#), no payment will be made for any sport until it is verified that a season will occur.

Counseling, College & Career News



Eastlake Counselors & Alpha List

[Stephanie Fox - Bailey](#) (A - CARR)

[Melanie Conroy](#) (CARS - EL)

[Paula Olson](#) (EM - JAR)

[Yvette Cook](#) (JAS - MC)

[Kim Sheely](#) (ME - RED)

[Taylor Erickson](#) (REE - TAY)

[Shawna Beresford](#) (TE - Z)

Eastlake Social Worker Suzanne Campiche

This Fall, Ms. Campiche, Eastlake Social Worker will be available to provide emotional support, mental health resources and referrals to your student during the school year. You may contact her during school hours (Mon-Fri, 9am-4pm) via email (c-scampiche@lwsd.org) and TEAMS (for counselors/teachers). Once she receives a request to meet she will send you a link to meet with her virtually or via phone call at an established appointment time.

The social workers of LWSD are also offering several online groups regarding various mental health topics starting in mid to late September. See attached [flyer](#) for how to access these groups and for descriptions.

News from the College and Career Center

LWSD Financial Aid Night, Wednesday, September 9, 2020 at 6 pm

Join the LWSD College and Career Specialist team, along with Christina Winstead from the Washington Student Achievement Council, for a virtual [Financial Aid Event](#). Learn more about paying for college and career training, financial aid, loans and the FAFSA. [Link to Microsoft Teams Live Event](#).

College and Career Microsoft Teams Classroom

The College and Career Microsoft Classroom Team will be a student's go-to site for all things related to the EHS College and Career Center and High School and Beyond Plan (HSBP). We look forward launching next week!

Washington State University Regents Scholars Nomination

Is your student applying to Washington State University? Eastlake will nominate two seniors for the [WSU Regents Scholars Program](#). Our nominees receive a Regents Scholars award, which provides \$4,000 per academic year for four years. Nominees will go on to compete for a Distinguished Regents Scholar Award which covers full tuition and fees for four years, approximately \$42,000. Interested seniors with a 3.6+ GPA must complete the [Eastlake Scholarship Nomination Form](#) by Friday, September 18th to be considered for the nomination.

Other Nomination Scholarships

We are occasionally asked to nominate one or two senior students for scholarship opportunities. Eligibility criteria varies widely. Students who would like to be considered for nomination opportunities should submit the [Eastlake Scholarship Nomination Form](#). Eastlake evaluates submissions against the nomination scholarship criteria and asks the best qualified student(s) to move forward with the nomination process. Please remember that most scholarships do not require a nomination. Stay informed and check the EHS Scholarship Bulletin, [WashBoard](#), national scholarship search engines and college websites throughout the year for scholarship opportunities.

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[ACADEMICS](#)

[ACTIVITIES](#)

[ATHLETICS](#)



Calendar

400 228th Ave N.E.,
Sammamish, WA 98074

Tel (425) 936-1500
Attendance (425) 936-1539