



Lake Washington School District

# Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home. This is family. **WSPS**.

## Principal Message

Dear Families,

School start and end times will be changing in the 2018-19 school year as a 7-period day is implemented for high school students. We acknowledge any change has an impact to families' current schedules. We want to ensure families have ample time to plan for the change.

Our school will start at 7:30 AM and end at 2:20 PM. This change does not take effect until the start of next school year.

### Why are start and dismissal times changing?

Starting with the Class of 2019, students are required to graduate with 24 credits. In 2015, a Task Force of staff and parents convened to study, analyze and make recommendations to expand options for students to meet the 24 credits required for graduation. In April 2017, the Task Force recommended adding time to the end of the high school student day to provide a 7-period day.

Adding time to the high school day results in needed adjustments to the start and dismissal times of elementary and middle schools due to our tiered transportation system (the same buses transport students at the high school, middle school and elementary level).

### Why is a 7-period day needed and how does it benefit students?

A 7-period day restores opportunities for our students that they used to have. Over the past several years, the elective opportunities and opportunities for additional exploration, acceleration and remediation have declined for high school students. This is due to the increase in the state graduation requirements.

Specifically, in a 6-period day,

- **The Class of 2015** could take **6 electives**, plus they had **two additional spaces** in their schedules for additional exploration, acceleration or remediation - **8 total opportunities**.
- **The Classes of 2016-18** can take **4 electives**, plus they had **two additional spaces** in their schedules for additional exploration, acceleration or remediation - **6 total opportunities**.

- **The Class of 2019** and beyond can take **4 electives**, but they have **0 additional spaces** in their schedules for additional exploration, acceleration or remediation- **4 total opportunities**.

By implementing a 7-period day, we bring back opportunities for our high school students that previous graduating classes used to have.

**Will there be further changes to school start and end times in future years?**

A School Start Time Advisory is continuing work in 2018-19 to study the impacts of potentially changing high school start times to later in future years. The Advisory includes staff and parents from elementary, middle and high school levels. They will make a recommendation for any potential further changes to school start and end times. Further changes in the 2019-2020 school year may or not occur, depending on their recommendation. There will continue to be ample opportunity for families to provide input throughout the process. Any changes to the high school start and end times result in adjustments to middle and elementary start and end times due to transportation.

Additional resources:

[2018-19 School Start and End Times](#)

[School Start Time Advisory](#)

[Seven-Period High School Day](#)

Sincerely,  
Chris Bede, Principal

Quick Links	Student Protests
<p><a href="#">Eastlake Website</a></p>	<p>On March 14, some students plan to "walk-out" in a protest for safer gun laws. This protest will last from 10:00-10:17. The 17 minutes commemorate the 17 lives lost in Parkland. Should students choose to leave class during class time, we will just follow our attendance policy. However, students will not be punished or disciplined if they choose to leave class during this time. If they choose to participate in this protest, we ask that they congregate in the Commons or the front of the school.</p> <p>Teachers are expected to be in class teaching during class time as they are responsible for supervision of all the students in their classes.</p>
<p><a href="#">Daily Bell Schedule</a></p>	<p>When it comes to student and staff demonstrations, we have specific policies, aligned with laws and Supreme Court rulings, with respect to students' constitutional rights of freedom of expression and assembly and with respect to our staffs' professional responsibilities. We are trying to establish a fair balance between promoting free expression and freedom of speech and the need to maintain a disruption-free learning environment for all students. Ultimately, as educators and adults, we want to help students find their voice, understand their constitutional rights, and understand the need for schools to maintain a safe and disruption-free learning environment.</p>
<p><a href="#">Flexisched</a></p>	<p>For the planned April 20 protest, we are discussing potential ways schools can help students channel their ideas and energy into school-based activities that provide learning opportunities for students with respect to school safety and civic engagement.</p>
<p><a href="#">Attendance</a></p>	<p><b>Attendance Notes</b></p> <p>Parents, if you have planned absences that are longer than our Spring Break week of April 2-6, please let <a href="#">Haven Scholz</a> know as soon as possible. Thank you in advance!</p>
<p><a href="#">EHS PTSA Page</a></p>	<p><b>Blood Drive</b></p> <p>Did you know every 2 seconds someone in the U.S. needs blood? Eastlake National Honor Society will be hosting the annual Blood Drive Thursday, March 15th. If you are 16 and over and are interested in donating blood, sign ups are in the commons during lunch. Help save a life!</p> 
	<p><b>Third Annual Evening of Concertos</b></p>

Saturday March 10th at 7:00P M. Featuring Artists: Rosie Allwright, Craig Deng, Julian Frank, Ava Gaylord, Janani Iyer.  
Tickets at \$10, student and senior \$7 with reception following the concert.  
Promotional flyer [here](#).

### AW Snap

Aw! Snap Improv club has a show Monday, March 12th in the theater. Tickets for admission are \$5 and the show starts at 7:00 pm.

### Thank you PTSA!

Last week concluded the World Language Department's annual celebration of National Foreign Language Week. Approximately 800 students in Levels 1-4 in French, Japanese and Spanish have spent the last month researching cultural aspects of the countries and regions where their language of study is spoken. They created designs to represent their new learning and painted them on t-shirts. This last week, they had the opportunity to share their learning with students in different language classes to gain a more global perspective. The PTSA generously donated \$1150 to the department to provide the majority of supplies for this project. Thank you!



### Eastlake International Week Video

### Eastlake Library Newsletter

Click [here](#) for the library newsletter for the month of March.

## Counseling, College and Career News

### Eastlake College visits

Students sign-up [here](#)

### Congratulations!

Eastlake's Tyler Zangaglia has been named a [Coca-Cola Scholar](#), the prestigious national scholarship that recognizes student leaders for their passion, service-orientation, and sustained commitment to bettering their community. In addition to a scholarship, Tyler is invited to participate in Coca-Cola's Leadership Development Institute, an intensive weekend that challenges Scholars to develop an inside-out leadership philosophy. For all that you do to lead positive change, Tyler, we are so proud of you!



### Career Guest Speakers

Eastlake's Wolf Time Career Guest Speakers share information about a "day-in-the-life" of their jobs, how they got to where they are today, and tips on how students can pursue a career in their industry or field. Next up, Microsoft (3/22) and Blue Origin (4/10). We continue to seek speakers in a variety of fields, including STEM, the arts, government, human services and others. [Email](#) EHS Career Specialist, Carl McGuigan if you're able to lend a hand.

### Microsoft Career Panel

**Thursday, March 22, 2018, Wolf Time, 9:10-9:55 am**

From PCs to gaming to cloud computing, Microsoft is one of Seattle's biggest employers with career paths from A to Z. Listen to three Microsoft leaders talk about their roles, experiences and advice for students interested in careers in the thriving tech sector. Peter Schmatz (Program Manager, Azure), Lauren Kuan (Program Manager, Skype) and Brian Toland (Director, Executive Recruiting). Interested students should sign-up [here](#) and on the 3/22 FlexiSched.

### Blue Origin Career Speaker

**Tuesday, April 10, 2018, Wolf Time, 9:10-9:55 am**

Engineering and design. Rockets. Space. Learn about the career pathway of Carla Guzzardo, PhD, EIT, Test Facilities Design Engineer at [Blue Origin](#). Ms. Guzzardo has held design and engineering roles at Blue Origin, Lockheed Martin and Syncom Space Services at Stennis Space Center. Interested students should sign-up here and on the 4/10 [FlexiSched](#).

## Eastlake College visits

Students sign-up here

School	Date	Time
University of Oregon (Admitted EHS Seniors)	March 23	12:30 pm
Washington State University (Admitted EHS Seniors)	April 24	1:30 pm

## Seattle Spring College Fair

**Saturday, April 21st, 2018, 10 am-1 pm, Seattle University**

Free and open to the public, [National College Fairs](#) allow students to interact with admission representatives from a wide range of post-secondary institutions. Create a [scannable barcode](#) with your information now to save yourself time providing contact information at every table on Fair day.

## Goodchild Scholarship

**Thursday, March 15, 2018 Deadline**

If your senior is thinking about attending one of the 10 private colleges in Washington such as Gonzaga, Whitman or Whitworth, PLU, Seattle University, Seattle Pacific or University of Puget Sound among others, check out the Goodchild Scholarship on Eastlake's College and Career Center [PowerSchool](#) page. Only seniors from Redmond and Eastlake HS are eligible to apply, so it is a small pool of applicants, which means a senior from Eastlake might actually win \$10,000 for spending about two hours of time to apply. Deadline is 3/15/18 so don't wait.

## EHS Scholarship Bulletin

Check out our weekly bulletin for [additional scholarships on our radar](#)

### Area Events:

[CWU Sammamish Running Start Information Sessions](#)

Various Dates

[Bellevue College Running Start Information Sessions](#)

Various Dates

[Lake Washington Institute of Technology Running Start](#)

Various Dates

[Bungie Career Talk](#)

Saturday, March 10

[Dive into Dentistry Day](#)

March 10, 2018

[Northern Arizona Comes to You](#)

(NAU is part of the [Western Undergraduate Exchange \(WUE\)](#) offering discounted out-of-state tuition to Washington students)

[Washington Youth Summit for Equality \(WYSEQ\) Conference](#)

Sunday, March 18, 2018

[University of Oregon Admitted Student Reception](#)

Thursday, March 22 (Bellevue), Sunday, April 22 (Lynnwood)

March 11 (Seniors) and April 22 (Juniors/Sophomores), 2018

[Expanding Your Horizons](#)

March 30, 2018

[Seattle Spring College Fair](#)

April 21, 2018

## Eastlake Athletics

### Spring Sports Competition Begins!

Please visit [Kingcoathletics.com](#) for complete schedules and standings!



### Join Us for a Ribbon Cutting Ceremony on the NEW Varsity Fastpitch Field

**Wednesday March 14th 3:50PM**

Join us as we celebrate Eastlake's new and improved fastpitch field, Wednesday March 14th when the Wolves open their 2018 season vs. Lake Washington. There will be a ribbon cutting ceremony followed by the first pitch thrown out by WIAA Hall of Fame Coach, George Crowder. Coach Crowder served as Eastlake's first fastpitch coach, ran the program for over 20 years and currently serves as a volunteer on the coaching staff.

This major field upgrade, including an artificial surface for the infield and complete new infrastructure was 100% funded by the LWSD Facility Improvement Levy. These major improvements bring Eastlake's softball/fastpitch complex up to LWSD standards and make it one of the best facilities in the

state.

The best part is that there will be no more rainouts!

### **Eastlake Dance Team - District Champions**

The Eastlake dance team became 4A district champions this weekend in the dance/hip hop and pom/military categories. They had 3 very solid performances, and earned the highest score of the day with their hip hop routine. Now they prepare for the state championships, which happen March 23rd at the Yakima Sundome. There will be a sendoff March 20th at 7:00pm in the main gym at Eastlake, come see some great performances.



### **Student Store and Spring Sports**

Now is the time to make sure your students are organized for Spring Sports and have somewhere to store their gear! Stop by the Student Store and purchase an Eastlake Sports Bag. The price is just \$50.00 and they will be organized and ready to go!!! The bags are very durable and come with a shoulder strap too!

### **SENIOR SEND OFF 2018**



#### **Senior T-Shirt Blowout!**

The Student Store is having a Spring T-shirt blow out sale on our EASTLAKE "Class of 2018" T-shirts. The cost is only \$3.00 and is a great deal. Come by and grab one for your graduating Seniors before they're gone!

#### **SSO Sign Up Alert at EHS!**

Beginning Wednesday, February 21, you can send payment to school with your senior to purchase their SENIOR SEND OFF admission! Admission sales will be held during lunch through March 23 (or online at [www.ehsptsa.org](http://www.ehsptsa.org)). Release/Permission forms will be available to be signed by student and parent or download/print a copy [here](#). Forms are **mandatory** and must be returned to the office ASAP. Cost is \$165 for this all-inclusive, all-night, fully-chaperoned, keep-your-grad-safe graduation party. If this cost is a hardship for your family, please contact your EHS counselor! Funds are available to all qualifying seniors! Got questions? Contact SSO chairs Carlene or Renee at: [srsendoff@ehsptsa.org](mailto:srsendoff@ehsptsa.org)

#### **Senior Send Off Registration Information**

Sign up now to be a part of this wonderful EHS tradition. Senior Send Off is a fun-filled celebration artfully organized by professional event planners from Grad Nights. Graduation night is a special, once-in-a-lifetime celebration and we want to make this joyous occasion a unique, memorable and safe event for all seniors. Students board buses the evening of the graduation ceremony from Key Arena and return to EHS around 6:00 am the following morning. Bus sign ups will be March 28 and 29. In order to choose a bus, signed permission form and payment must be received prior to March 28. Last day to register will be May 1 (turn in payment and signed permission form and a bus will be assigned to you on space availability). NOTE: All tickets sales are non-refundable. Should a paid senior decide not to attend, the cost of the ticket will be considered a donation for a student in need to attend.

Please see below to register and pay online. This event is solely sponsored by EHS PTSA.

\* Download, print, and sign the Permission/Release [Form](#). Please return to the office or mail to EHS PTSA, 400 228th Ave NE, Sammamish, WA 98074.

\* Purchase tickets (\$165) [online](#), or send a check payable to the EHS PTSA with the signed Release Form.

\* if your graduate has [life-threatening allergies](#), please fill out and turn in this additional form.

\* Questions? Check our [FAQ](#) page or contact [srsendoff@ehsptsa.org](mailto:srsendoff@ehsptsa.org)

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