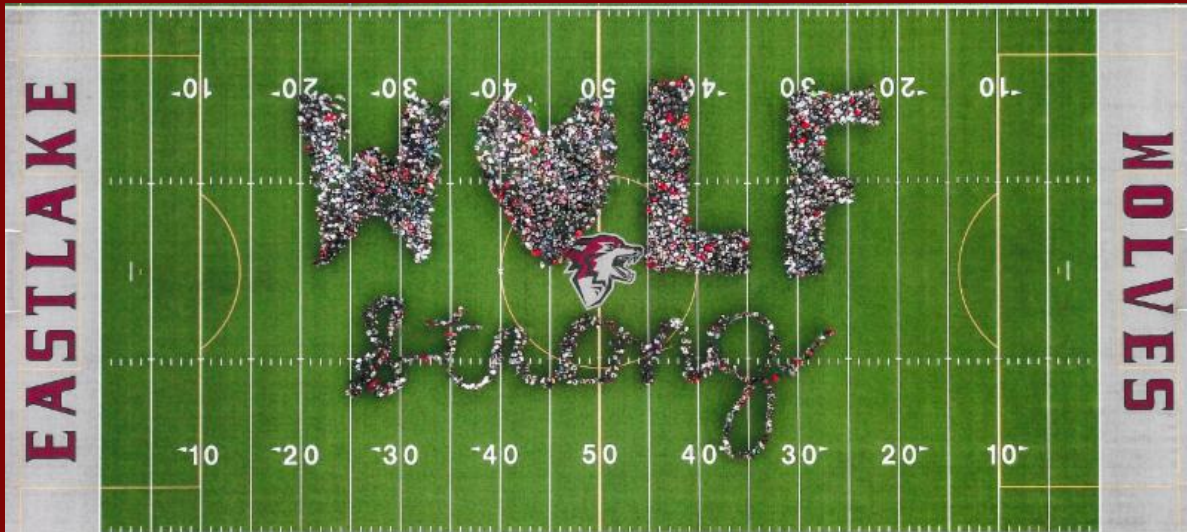




Lake Washington School District

Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home.
This is family. **WSPS.**

Dear Wolves,

As a comprehensive high school, Eastlake prides itself on offering incredible experiences in core academics, as well as other important areas such as Fine Arts and Physical Education. We have a thriving Art program that encompasses 2D, 3D and Digital Art options, ranging from Advanced Placement to introductory classes that demystify the notion that artistic ability is simply innate. Our Digital Art classes encompass Photography and Video Productions, which produces our weekly broadcast of Pack News.

We also have a thriving Music program, with over 200 students in numerous levels of Band, over 100 students in multiple levels of Orchestra, two levels of Choir, as well as introductory courses in Music Technology, Piano and Guitar. Our amazing Theater program extends beyond Drama Club and our fantastic productions where students can earn credit, to include classes during the day in Drama, Introduction to Theatre and Writing for Stage and Screen.

Finally, our Physical Education classes offer a lot of experiences from Grade 9 Health and Fitness to Walking and Yoga. Health and Fitness helps students develop the knowledge and skills to successfully navigate life in high school and beyond. Students explore topics such healthy relationships and stress management. We currently have over 1000 students at Eastlake taking Physical Education, and they return to elective such as Net Sports, Team Sports, Lifetime Sports, Outdoor Adventures, Fitness and Conditioning and Golf because of the incredible staff and rewarding experience.

All these classes serve as a welcome reprieve from the pressures of adolescents, and teach valuable attributes around teamwork, perseverance and creativity, as well as the importance of continuously learning new skills.

Please consult our [Course Catalog](#) for more specifics on these exciting classes, and consult the email sent yesterday to all parents and students about the logistics of Registration.

Chris Bede, Principal

News From The Den

Eastlake Daily Bell Schedule

Click [here](#) for the daily schedule for the week of February 11th.

The [Daily Bell schedule](#) varies often week to week, so please bookmark the Bell schedule from the Eastlake website so you know the schedule!

1st Semester Report Cards

1st Semester report cards will be mailed out February 8th. They should arrive to your mailbox early next week. As a reminder current grades can be found at LWSD website under the [Parent Access tab](#).

College in the High School Information Night: Wednesday, Feb 20 at 7:00 PM

It's almost time to register for next year's courses. Eastlake High School offers a broad selection of rigorous Advanced Placement and University of Washington opportunities. These are dual-credit courses, which means students are able to earn college credit and high school credit at the same time. Please join us in the theater on February 20th to learn about them. We'll start in the theater with a general overview including the testing process, fees, and how students can earn college credit from these courses. Then we will transition to the Commons so students and parents can meet the individual teachers. This is an opportunity to learn homework expectations and possible summer requirements, and you can ask the teachers questions about specific courses you might be interested in.

Please visit the following links for more information : [UW in the High School](#) and [AP Resources for Parents and Families](#).

AP Exam Registration

AP Exams will be held May 6th to May 17th. The AP Exam registration period is from **February 20 to March 6**. Please complete the following steps to complete your registration by 1:30 PM on Wednesday, March 6. Registration materials will be provided to students prior to February 20.

If you are paying online:

- Pay online at www.lwsd.org using Parent Access. Print the receipt and retain it for your records. Online payment is the quickest and easiest form of payment. There is no need to turn anything in or wait in any line when you register online.

If you are paying by check:

- Fill out the Registration Envelope with the required information. Make the check out to LWSD and write your student's name on the check. Enclose the check in the registration envelope.
- Return the registration envelope with the check enclosed (\$96 per exam) to the bookkeeper at EHS before school or during lunches. Lines will be long, register early to avoid longest lines. Students who wait until the last few days run the risk of not getting registered in time.

Contact the AP Coordinator, [Paula Olson](#) , if you have questions or concerns, but particularly if you would like more information on fee reduction eligibility or SSD accommodations or if you would like to request a late exam date.

Science Competitions

Is your student interested in participating in science competitions outside of their current science coursework? Eastlake is registered for numerous science competitions that they can participate in. Each one must be registered and paid for by the student. Below is a list of current competitions and the available information for those. If you have any questions please email [Michelle Okroy](#).

- The **Physics Bowl** is a competition for high school students and schools. April 3, 2019 starting at 12:50 in room C131 at Eastlake High School, students can compete by answering 40 multiple choice questions from topics taken in high school physics. To register, please email [Michelle Okroy](#) before the February 25th deadline. For more information visit, <https://www.aapt.org/Programs/PhysicsBowl/faqs.cfm>.

Eastlake Drama Presents - Sleepwalk

EHS Drama presents Sleepwalk February 11th and 12th at 6:30 pm. This show is free for all audience members. Written by Emmy-winning Broadway playwright William Mastrosimone, the show aims to "debunk, de-mystify and de-romanticize teen suicide, by opening up dialogue on the hidden epidemic of teen suicide." With input from mental health professionals, Sleepwalk was written to foster open dialogue about depression and suicide and to remove the stigma associated with seeking professional help. There will be a talk back immediately following the show.

EHS Library News

Girls Who Code: This summer there is a 7 week girls who code immersion program. For more information see the Library Power School page. Application deadline is March 15th and scholarships are available. More information [here](#).

Athletics



Please visit KINGCOATHLETICS.COM for all game schedules, updated tournament brackets and standings for Eastlake winter sports. **Go Wolves!**

NCAA Spring Signing Ceremony

Eastlake hosted an NCAA Spring signing ceremony Wednesday February 6th. at 12:30 in the main gym. Click [here](#) for details of who signed.

Weekly Sports Recap

Click [here](#) for re-caps from last week including Basketball and CHEER!

Spring Sports Registration is Open!

Thank you to all the athletes that have signed up for spring sports so far! Great numbers for the second week of registration.

Try-outs for cut sports and practices for non cut sports begin on Monday February 25th.

All athletes registering for a spring sport need:

- a current PHYSICAL (good through 6/1/19)
- MEDICAL HISTORY on file in the Athletics office
- complete 3 online registration forms through Parent Access (opens 1/28/19)
- See the Eastlake Athletics [webpage](#) for more information.

See Mrs. Hill to verify if you have a valid physical on file.

Spring Sports -Badminton (no cut), **Baseball** (cut sport), **Fastpitch** (cut sport), **Girls Golf** (cut sport), **Boys Soccer** (cut sport), **Girls Tennis** (no cut), **Track & Field** (no cut). Information regarding try-out times will be updated on the Athletics website soon.

GO WOLVES!

Counseling, College & Career News



Running Start

This week, counselors organized Running Start info sessions on 2/6 and 2/7. Bellevue College, Central Washington-Sammamish and Lake Washington Tech presented information on their designated schools. Presentations are available on Power School. Click [here](#) to view!

Registration

All students and parents received an email regarding registration for next school year. Registration is from February 21st through March 4th. The information will be available on the Counseling Power School page and the Eastlake website during the registration time. Please reference it for any questions or concerns.

Seniors!

Counselors will be uploading Mid-year reports on Common App and Coalition App starting today, February 8th

WANIC Open House

Tuesday, February 12, 2019, 5:00-7:00 pm, Lake Washington Institute of technology

Find out more about full year 2019-20 Skill Center Programs at the WANIC's annual [Open House](#). Remember that full year programs are designed for 11th & 12th grade students

Lake Washington Institute of Technology Open House

Thursday, February 28, 2019, 5-8 pm, Kirkland, WA

It's [LW Tech Open House time!](#) Explore more than 40 professional/technical programs, including

100 certificates and degrees, including transfer and Applied Bachelor's degrees.

EHS Military Visits

Click [here](#) for upcoming visits by the Military.

Area College and Career Events

Click [here](#) for Area Events happening soon.

Scholarships

This week's spotlight is the **Inglewood Middle School Scholarship** - [here](#).

Find other [scholarships on our radar](#) on the College and Career Center PowerSchool page.

Seniors

Senior Send Off - Graduation Night

Senior Send Off is a fun-filled celebration artfully organized by professional event planners from Grad Nights. Graduation night is a special, once-in-a-lifetime celebration and we want to make this joyous occasion a unique, memorable and safe event for all seniors. While it is a few months away, you can sign up anytime from now until May 1. If you have made a payment, make sure you have completed all the paperwork (including any specific paperwork for life threatening illnesses). The paperwork can be returned to the main office. If you have turned in paperwork, but not paid yet, please make a payment by check or online payment. All checks can be brought to the main office. The cost of the event is \$175 and includes chartered bus transportation, food, drinks, games, prizes, and fun events planned at two different locations. Please check out all the details on the PTSA web site and email Renee Baker if you have any questions: sso@ehsptsa.org.

Senior Send Off Call for Volunteers!

Senior Send Off is an incredible event held each year the night of graduation and parents like you make it possible! **We need volunteers** for the night of the event: at the event as chaperones OR helping at the school during check-in. For check-in, you would need to be available from 9-10 pm on Monday, June 17th. To chaperone the event, you will need to be able to pull an awesome all-nighter! You will be on the buses with the students and at the amazing venues having a good time and supervising the good time! Chaperones need to be at Eastlake at 9 pm, June 17 and will be back by 6 am the following morning, June 18. Having chaperoned the past two years, I can tell you that it really is fun. Any parent can volunteer. In fact, it is probably best if parents of sophomores and juniors chaperone. Please contact Renee Baker for more information: sso@ehsptsa.org

Senior Yearbook Ads

Senior Yearbook ads are a great way to celebrate student success and milestones and reflect on the person your student has become. Show your pride and support your school at the same time! Please access information on how to create your advertisement [here](#).

The deadline for ad creation is February 15, 2019.

[WEBSITE](#)

[ABOUT US](#)

[ACADEMICS](#)

[ACTIVITIES](#)

[ATHLETICS](#)



[Calendar](#)

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Attendance (425) 936-1539