



Lake Washington School District

# Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home. This is family. **WSPS**.

## Principal Message

Dear Wolves,

We wanted to wish everyone Happy Holidays. Please take time over break to rest, relax and rejuvenate. You deserve it.

WSPS

Chris Bede, Principal

## Quick Links

[Eastlake Website](#)

[Daily Bell Schedule](#)

## See You In 2018 On January 2nd!



## Science Competitions

Is your student interested in participating in science competitions outside of their current science coursework? Eastlake is registered for numerous science competitions that they can participate in. Each one must be registered and paid for by the student. Below is a list of competitions and the available information for those. If you have any questions please email Krista Bjorge at [kbjorge@lwsd.org](mailto:kbjorge@lwsd.org).

**United States of America Biology Olympiad (USABO) -**

This is an exam style competition. Students will sit for the 90 minutes

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- This is an exam style competition. Students will sit for the 90 minute exam which covers a wide variety of Biology and AP Biology concepts. USABO will be run on February 7, 2018 starting at 12:50 pm in room C109 at Eastlake High School. More information regarding the test can be found at: <https://www.usabo-trc.org/>
- Students must register by January 22nd via the website: <https://www.usabo-trc.org/student/register>

### **United States National Chemistry Olympiad (USNCO)**

- This is a multi-tiered competition. The date and location are determined by a local coordinator of the American Chemistry Society (ACS) once the number of students has been submitted by each school. The U.S. National Chemistry Olympiad national exam is a 3-part, 4 hour and 45 minute exam administered in March or April.
- Students must register by January 22nd by emailing Krista Bjorge ([kbjorge@lwsd.org](mailto:kbjorge@lwsd.org))

### **Physics Bowl -**

- The PhysicsBowl is a competition for high school students and schools. April 11, 2018 starting at 12:50 in room C109 at Eastlake High School, students can compete by answering 40 multiple choice questions from topics taken in high school physics.
- Students must register by via the website: <https://www.aapt.org/Programs/PhysicsBowl/webassign.cfm>

## Attendance

### **F = ma Exam -**

- AAPT is responsible for recruiting, selecting and training teams each year to compete in the International Physics Olympiad Competition. This selection process begins in late January when high schools register their students to participate in the F=ma exam. This exam will be given January 31, 2018 starting at 12:50 pm in room C109 at Eastlake. The test period is 45 minutes.
- Students must register by January 22nd by emailing Krista Bjorge ([kbjorge@lwsd.org](mailto:kbjorge@lwsd.org))

### **Science Bowl -**

- If a student is interested in participating in the Science Bowl competition, they should contact Mr. Retzlaff at [retzlaff@lwsd.org](mailto:retzlaff@lwsd.org). There is a limit to the number of students who can participate so they must email him ASAP.

## EHS PTSA Page

### **Eastlake Spring Musical**

The spring musical, Mary Poppins, will have auditions on January 8th. Sign ups are posted in C226. Students will need a one minute comedic or dramatic monologue delivered with a British dialect and 16 bars of a song prepared with piano sheet music. Callbacks will be January 10-12th.



## **College, Counseling and Career News:**

### **Eastlake College Visits for the Week of 10/30**

\*Full college visit calendar and [sign-ups](#) on PowerSchool\*

### **Incoming 9th Grade Parent Night**

**Wednesday January 24th - EHS theater 7:00PM**

6:00-7:00PM Sports and Club Information

7:00-8:30PM - School Store will be open to purchase Eastlake SWAG!

**EASTLAKE**  
**COUNSELING AND**  
**CAREER CENTER**

### **Wolf Time Workshops**

#### **NROTC (US Marines) Information Session**

**Tuesday, January 2, 2018, Wolf Time**

Learn about NROTC scholarships and officer pathways with guest speaker, Sgt. Erik Aragon, US Marine Corps.

### **Scholarships Working Session**

**Thursday, January 4, 2018**

Seniors, outside scholarship season is heaviest January-March. Come ask questions + time to work!

### **Credit Check**

**Tuesday, January 9, 2018 Wolf Time**

Here's an early opportunity to complete a credit check and create or modify your 4-year course plan. This is a great way to get a jump-start on registration, coming in early 2018.

### **SAT and ACT Planning**

**Tuesday, January 9, 2018 Wolf Time**

Are you trying to figure out when to take the SAT/ACT and the differences between the two? This Wolf Time will review these important tests, preparation and testing timelines.

### **Eastlake Post High School Planning Night**

**Wednesday, January 17, 2017, EHS Theater**

Join us as we review post high school options, including college and non-college pathways. We'll cover "right fit" strategies, the college application process, timelines, and important resources. This event is designed for 11th grade students and their families but all are welcome.

### **Scholarship Bulletin**

**EHS Scholarship Bulletin -**

click [here](#) to see scholarships on our radar.

### **Area Events**

[Service Academy Information Night](#)

Wednesday, December 27, 2017

[National Portfolio Day](#)

Saturday, January 6, 2018

[The Evergreen State University Preview Day](#)

Saturday, January 13, 2018

[New York Film Academy Audition Tour](#)

Saturday, Jan 20, 2018

[College Bound Resource Fair for Students with Disabilities](#)

February 3, 2018

[Gap Year Fair](#)

Thursday, February 15, 2018

### **Eastlake Athletics**

**Good luck to the Eastlake Athletics Winter sports teams through your competitions over break!**



**Eastlake Alum Update** - We reached out to the 2017 NCAA signees to have them update on how they are doing in college. We will post updates on how they are doing in the Wolves Weekly Update. Our first update is from Tess Bauman.

Tess Baumann is on the D1 NCAA Equestrian team for The University of Tennessee at Martin. During this past fall season, their team moved to the #8 place in the Nation! Tess has been awarded two MOPs (Most Outstanding Player) with the highest score in her event. She was also named Rider of the Month for October by the NCEA. They are ready for the next half of their season starting in February and ending at Nationals in Waco, TX

in April! We are proud of you Tess! WSPS

Visit [KINGCOATHLETICS](#) for all Eastlake sports schedules and standings.



### Give Your Senior the Gift of Celebration

Senior Send Off makes a perfect gift for the holidays - give an experience instead of more stuff and encourage your student in their final push by anticipating the joy of graduation. Senior Send-Off is a super fun and safe all night party that follows the graduation ceremony. Go to the PTSA website to sign up. If you would like a special gift certificate mailed to you or if you have further questions, please send an email to

[srsendoff@ehspts.org](mailto:srsendoff@ehspts.org)

with your name, your student and your mailing address.

### Senior Ads for the Yearbook

Senior Yearbook ads are a great way to celebrate student success and milestones and reflect on the person your student has become. Show your pride and support your school at the same time!

Please access information at:

[www.jostens.com/yearbookads](http://www.jostens.com/yearbookads)

**The deadline for ad creation is February 15, 2018**

### Senior Photos

Submit Your Senior Photo For the Yearbook!

Senior photos need to be submitted digitally. **Deadline is January 5, 2018!**

Please adhere to the following guidelines:



- Images should be "portrait" style with head and shoulders showing.
- Please DO NOT submit landscape photos!
- The head should be approximately 1/2 the total width of the photo.
- Avoid accessories such as cars, animals, weapons, musical instruments.
- Students should be appropriately dressed to meet the school dress code.
- Digital images should be at least 300 dpi and in a .jpg, .tiff or eps format - Word, excel, publisher or other formats will not be accepted.
- Be sure to complete ALL requested fields so the image is assigned to the correct student.

All photos are to be uploaded to the address below. This will put the photos directly into the yearbook Program: <https://images.jostens.com/408913603>. You should be taken directly to a spot to upload the photo. If the systems asks for a Username, enter in the series of numbers at the end of the link (408913603).

If you have any questions, concerns, or issues regarding senior photo submittal, please contact the Yearbook adviser, Meghan Delaney at [mdelaney@lwsd.org](mailto:mdelaney@lwsd.org).

