



Lake Washington School District

Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home.

This is family. **WSPS.**

Dear Wolves,

Today we recognized Veterans Day with a school assembly. Our Civil Air Patrol posted the colors, our Choir performed the National Anthem, and students and staff shared their personal stories of those who have served our country. Joe Clay, a teacher at Evergreen Middle School and football coach at Eastlake reminded us of the sacrifices that families of soldiers make as well. Eastlake wants to thank everyone who has served or is serving in the military, and all the families that supported them in their service.

Wolf Strong, Pack Strong

Chris Bede, Principal

News From The Den

Daily Schedule

No school on Monday November 11th in Observance of Veterans Day.

Week of November 11th daily schedule [here](#). List of all Eastlake daily bell schedules for the 2019-2020 school year [here](#).

AP Registration

Regular registration to purchase AP exams has ended and so if you have not paid already, you will have another chance during Late Registration. Late Registration will

be February 17-28th with a late fee assessed in the amount of \$50 per exam. It is your last chance to pay for exams, by 2/28 or you will not be able to test in May. AP testing will be held from May 4-15th. Late AP testing is from May 20-22nd. Students will receive their AP exam assignments with times, dates and locations in April.



Blood Drive

Thursday, November 14th Eastlake is hosting a blood drive in conjunction with the Puget Sound Blood Center. This is a great day where students and staff alike can give back to the community and help save lives in the process. The officers of National Honor Society have been working very hard preparing for this drive. The blood drive is happening from 8AM until 2PM in the Eastlake lower gym. There are still a few open spots. Sign up during lunch or in C117 to claim a specific time.

Fall Community Service Awards

Check out the Fall Community Service Awards- click [HERE](#). Students in all grades reach award levels with 50, 100, 150, and 200+ service hours. These hours can be accumulated through individual service, local organizations, EHS service clubs, etc. Read all of the details about the EHS Service program [HERE](#), and if you have done service hours but have not turned them in yet you will find the link to the form at the top of that webpage. If you do not see your name on the list but you know you have done service hours, please contact eastlakekey@gmail.com. Please note, make sure you always keep your own copy of service hours you submit in case there are any questions. There will be another Award List posted in the spring before graduation. The Fall list will be helpful for those students applying for college, scholarships, and other deadlines before spring. Go Wolves! Keep on serving!

Library

November newsletter [here](#).

My Fair Lady

Tickets for the Eastlake Fall Musical, My Fair Lady, are on sale now [here](#) and are \$9 for LWSD students/staff and seniors 65+. This musical is family friendly and runs from November 14-23 Thursday-Saturday nights at 7pm, Saturday matinees at 1pm.

Did You Know - Zyn Pouches

A new trend to keep an eye out for is Zyn Pouches.

“ZYN is a Tobacco-Free and Spit-Free nicotine product by snus producer Swedish Match North America and is exclusively sold in the United States. ZYN Nicotine Pouches contain nicotine salt and other food grade ingredients.”

In the last couple of weeks, I have heard more talk about students using the Zyn

Pouches that are pictured below (pen for comparison of size). When talking with students, I get a variety of reasons to why it is being used. Some have shared that they are trying to stop vaping, curious, or just use it when having a bad day. I wanted to share with you these photos, so you can keep an eye out. Due to the potency of the Nicotine in these packets, they have been making kids nauseated and vomit quickly. Just like any other addictive nicotine product, these are harmful for our youth. Feel free to contact me with any questions/concerns. I am at Eastlake High School on Tuesday's and Friday's in room C-236B. Or feel free to email me anytime. Allyse DiRe-Day c-adire-day@lwsd.org



Athletics



Eastlake Sports Week of November 4th- Game recaps [here](#).

Upcoming Athletics Event for the Eastlake Wolves - POST SEASON

- Wolves Football hosts the Sumner Spartans tonight at 7:00pm
- Eastlake Soccer match opponent and date will be determined by the results of another game to be played on Saturday afternoon. For date and time of our STATE game please see Kingcoathletics.com on Sunday.
- The Varsity volleyball team travels to Lake Stevens tomorrow at 1:00pm to take on the Monroe Bearcats
- Good luck to our Cross Country runners tomorrow at STATE! If you would like to follow them, you can download the app WIAA Live and follow the splits for our runners and their final times and placings.
- On Saturday our swimmers advance to the District Finals at Mary Wayte pool on Mercer Island. The 400 Free Relay of Elsie Chang, Emily Chang, Josephine Piel and Kathy Lundvrad have qualified for next week's STATE Meet. Josephine Piel has also qualified in the 100 Breast. The finals begin at 3:00pm!

Winter Sports Registration is OPEN:

Visit the Eastlake Athletics [website](#) for instructions on registration. Sports offered: Boys & Girls Basketball, Boys Swim & Dive, Gymnastics and Wrestling. Gymnastics begins November 11th, the rest begin on November 18th.

Fall Sports schedules and standings - Visit Kingcoathletics.com to view.

Counseling, College & Career News

Report Cards

The end of 1st Quarter was 11/5. Report Cards will be

distributed to students during 3rd Period on Monday, 11/19.

Senior Credit Letters

The counseling team is sending out Senior Credit Letters to families this month. The reports provide information for students on how many credits are left to reach 24 and which specific graduate requirements have yet to be met.

Eastlake College and Military Visits

Eastlake's fall college visit calendar has concluded as college admissions counselors return to campus to review applications. Look for more visits Spring 2020!

Review the full Military visit [calendar](#).

Area College and Career Events

View College and Career Area Events [happening soon](#).

College Application Help

November 15th, November 22nd Wolf Time B

Selective Service

The law requires all young men register with the [Selective Service System](#) when they turn 18. The process can be done via the FAFSA (Free Application for Federal Student Aid). Failing to register impacts a student's eligibility for federal grants, scholarships and loans.

Congress-Bundestag Vocational Youth Exchange Program

Jointly funded and supported by the US Congress and the German Bundestag, this unique [program](#) allows graduating high school seniors to spend a year in Germany living with a host family, participating in a school or training program, and getting hands-on work experience through internships with German companies.

2019 Bright Future Career Fair at the Seattle International Auto Show

November 15, 10 am-3pm, CenturyLink Field [800 Occidental Ave S, Seattle, WA 98134](#)

The [Washington State Auto Dealers Association \(WSADA\)](#) and the Seattle International Auto Show (SIAS) are hosting a Bright Future Career Fair for interested students and families. New car and truck dealers and local technical colleges will meet with students to discuss training and 2020 scholarship information for those enrolling in a Washington State auto tech program.

Seniors Class of 2020

Senior Yearbook Deadlines

Please visit the [Eastlake website](#) for submission and deadline information for the following:

- Senior Photo - deadline December 6th, 2019
- Senior Quotes - deadline November 25th
- Senior Ads - deadline February 7th 2020

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[Calendar](#)

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