



Lake Washington School District

# Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home.

This is family. **WSPS.**

Dear Wolves,

As the end of the First Quarter approaches on November 5th, students become more consumed and concerned about grades. Please remind your students of all the ways in which they can receive support from their teachers. Our teachers are available before and after school for Office Hours. Students can also sign up to get help from a teacher during Wolf Time on Fridays.

Another support for students and families are the PowerSchool Learning websites. On these websites, you can find class materials and resources as well as see a calendar of upcoming assignments, tests, and projects. All teachers maintain an electronic gradebook through Skyward. Both PowerSchool Learning and Skyward can be accessed through the Parent Portal. Teachers are expected to update their electronic gradebook in Skyward every two weeks, with exceptions being made for major projects and papers. This year, we will have our grading requirement deadlines coincide with the athletic grade check dates, approximately one time per month, with the expectation that teachers are also updating their grade books mid-month.

Here are the dates for updating grade books this year: September 23, October 7, October 28, November 12, November 25, December 9, January 13, January 27, February 10, February 24, March 9, March 23, April 13, April 27, May 11, May 26, and June 8.

Grade checks for athletes are completed on August 26, October 1, November 1, December 2, January 6, February 3, March 2, April 1, and May 1.

At the end of Quarter 1 we will send parents an email if their student has below a 70 percent in any class. The email will be meant to encourage conversation in the family about working hard and seeking help to bring the grade up prior to the end of Semester 1.

## News From The Den

### Daily Schedule

Week of October 21st daily schedule [here](#). List of all Eastlake daily bell schedules for the 2019-2020 school year [here](#).

### Eastlake Counselors Discuss the Dangers of Drug Use & Offer Support

Eastlake Counselors went into all 10-12 grade English classes this week to discuss the dangers of opioids and fentanyl in response to the recent overdoses in our community. We also talked about the Good Samaritan Law. We know that many students have questions and are very concerned so counselors made sure to discuss how students can take care of themselves, and where to turn when they need help. Students were reminded how to sign up to see their counselor, and that we have both a Prevention Interventionist and Mental Health Social Worker at EHS to help the overwhelming needs that students have.

### Sammamish Community Forum on Teen Drug Use: Warning Signs and Resources

Date: November 7th

Time: 6 - 8:30PM

Location: Central Washington University, Sammamish

[The City's Community Forum on Teen Drug Use](#): Warning Signs and Resources will include Influence the Choice's "Hidden in Plain Sight" exhibit, which is designed to equip parents and guardians with knowledge to help them identify signs in the home of possible teen drug or alcohol use.

In addition, there will be presenters from Friends of Youth, Sammamish Police, and other organizations who will address the state of teen drug use, warning signs and what parents can do. Attendees will also have the opportunity to meet with providers for information and resources.

### Save the Kids Sammamish Event:

Date: November 12th

Time: 7PM

Location: Sammamish Presbyterian Church

Presenter: Collin Kartchner

Collin Kartchner started a nationwide movement called [#SavetheKids](#) and has been on a crusade to help people both young and old to rise above the negative effects of social media & screen-addiction, while showing the world how to use it for doing good. Using social media, Collin raised \$100k's for hurricane victims, kids fighting cancer, and orphans in South America. In 9 minutes he raised enough money to put up "You Are Beautiful" & "You Are Loved" billboards seen over 1.2M times. Now he's on a crusade to save teens from social media's potential destruction to their self-esteem and mental health, and empowering parents to reconnect with their kids.

### Did You Know? :

Hello! It's Allyse again, your Prevention Interventionist from Youth Eastside Services. Do you know about the Good Samaritan Law? Here is the description for Washington State:

In WA State, anyone trying to help in a medical emergency is generally protected from civil liabilities by [RCW 4.24.300](#). WA State's [911 Good Samaritan Overdose Law RCW](#)

[69.50.315](#) gives additional, specific protections against drug possession charges:

- If you seek medical assistance in a drug-related overdose, you cannot be prosecuted for drug possession.
- The overdose victim is also protected from drug possession charges.
- Anyone in WA State who might have or witness an opioid overdose is allowed to carry and administer naloxone. (RCW 69.41.095)

Help spread the word and talk to your family and friends about this. Please let me know if you have any questions. I can be reached at [allysed@youtheastideservices.org](mailto:allysed@youtheastideservices.org). I also have office hours at Eastlake on Tuesday and Friday.

### **AP Testing Registration:**

LWSD AP Registration closed at the end of last lunch Friday, October 25th. If you are taking an AP course or self-studying for an AP exam and have not paid for your exam yet, you can still register during Late Registration from February 18-27th. Each exam will incur a \$50 late fee when purchased at that time.

### **Picture Retake Day - October 30th**

LifeTouch will be here on Wednesday Oct 30th at 12:30pm for picture retakes. Bring your original pictures to trade in and be ready to take a new picture. This is also an opportunity for any students that have not yet had their picture taken to be photographed (**see the bookkeeper first**). This will be the last opportunity for pictures this school year.

### **Attendance Notes:**

Parents, if you are adding days to your Thanksgiving Break either at the beginning or the end of that time, please let Haven Scholz know at your earliest convenience. You can email me at [ehsattend@lwsd.org](mailto:ehsattend@lwsd.org) or call and leave a message at (425) 936-1539. Thank you in advance!

### **Eastlake Club News**

#### **Latino Unidos & Spanish Department present....**

Come check out the Día de los Muertos altar created by Latinos Unidos and the Spanish Department in the Commons. The altar celebrates and honors the lives of loved ones who have passed. This holiday coincides with the return of the monarch butterflies to Mexico, which are thought to carry the spirits of passed loved ones. If you wish to remember someone special, please stop by to write their name on a butterfly and/or bring a picture to add to our display. Students will be available during lunches all week to facilitate this.

#### **Eastlake Travel**

Kieran Jacobson and Kara Riely are taking Eastlake students on an educational tour of China next summer! We are visiting the cities and nearby sites of Beijing, Xi'an, Shanghai, and Hong Kong. Interested students should contact [Kieran Jacobson](#)

### **Athletics**

**Eastlake Sports Week of October 21st-** This includes game recaps and Freshman of the week [here](#).



#### **Football Plays for the Kingco Title!**

Opponent: Bothell  
Date: October 31st  
Time: 7:00PM  
Location: Pop Keeney Stadium

## Winter Sports Registration is OPEN:

Visit the Eastlake Athletics [website](#) for instructions on registration. Sports offered: Boys & Girls Basketball, Boys Swim & Dive, Gymnastics and Wrestling. Gymnastics begins November 11th, the rest begin on November 18th.

## FanFood:

As you know, the FanFood app has been bringing you the convenience of concessions mobile ordering all season long at Eastlake football and volleyball games.

They have recently updated their app! In order to keep using the app, you HAVE TO update your app. It's easy, just search "FanFood" in the app store and hit "UPDATE". App Store link: <http://onelink.to/eawa6p>

**Fall Sports schedules and standings** - Visit [Kingcoathletics.com](http://Kingcoathletics.com) to view.

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## Counseling, College & Career News



### College Fair recap

Eastlake's entire on-campus student body rotated through Friday's College and Career Fair which included a mixture of four- and two-year colleges, career schools, military options, apprenticeships, and other programs. Don't let the conversation about "what's next" stop here. Check out the 11/2 free [National Association for College Admission Counseling College Fair in downtown Seattle](#).

### Eastlake College and Military Visits

Colleges visiting Eastlake the week of 10/28: [Gonzaga University](#), [University of Illinois at Urbana-Champaign](#), [Elon University](#), [University of Pittsburgh](#), [The American University of Paris](#), [University of Alaska Fairbanks](#), [San Diego State University](#), [San Diego State University](#), [Butler University](#)  
Review the full college visit [calendar](#) and sign-up.  
Review the full Military visit [calendar](#).

### Area College and Career Events

View [College and Career Area Events](#) happening soon.

### College Application Help

**October 28th--November 1st:** Drop in to the Counseling Center before school, after school and at lunch to ask questions.  
**November 1st, November 8th, November 15th, November 22nd** Wolf Time B

### Scholarships

Find [scholarships on our radar](#) on the College and Career Center PowerSchool page.

## Seniors Class of 2020

### Senior Yearbook Deadlines

Please visit the [Eastlake website](#) for submission and deadline information for the following:

- Senior Photo - deadline December 6th, 2019
  - Senior Quotes - deadline November 25th
  - Baby Ads - deadline February 7th 2020
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[Calendar](#)

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Attendance (425) 936-1539