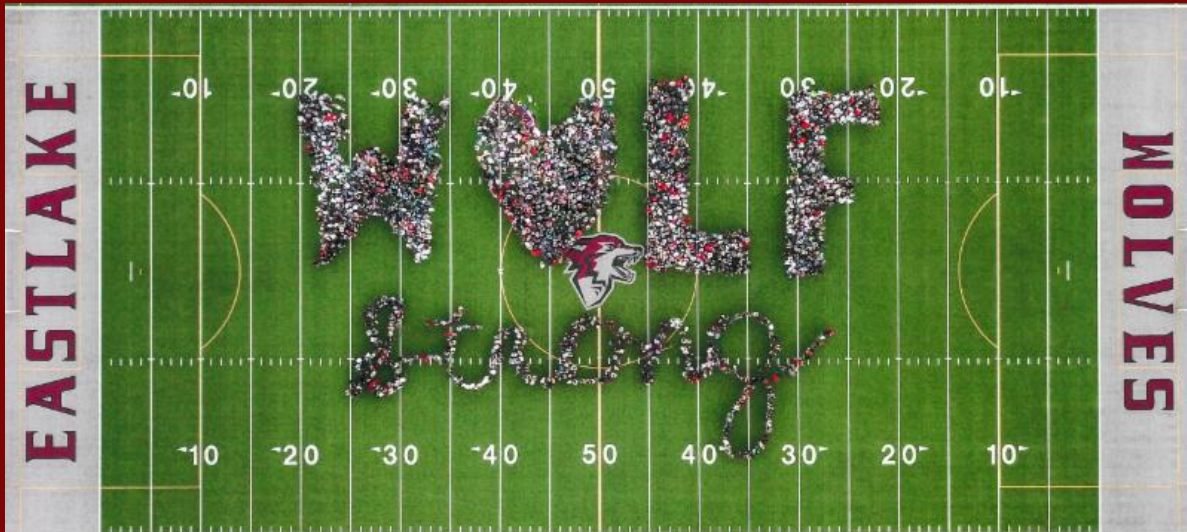




Lake Washington School District

# Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home.

This is family. **WSPS.**

Dear Wolves,

Students just finished finals and now their grades start anew for second semester. With every fresh start, we should remind ourselves of the actions that led to past successes and decide what we will do differently in the future to improve. Whenever I speak with students about strategies for school success, I remind them of the importance of attendance and attentiveness. Consistent attendance remains highly predictive of student success, and with our block schedules, missed days can have even more of an impact. Please work with your students to minimize missed days and remind them that healthy habits such as sleep, exercise and stress management can ensure they consistently show up to school ready to learn. Consistent attentiveness in class also leads to success. Each class period through their learning targets, teachers share with students what they need to know or be able to do. If each period, students made sure they learned that content, skill or concept and asked questions or followed up if they did not understand, it would minimize the need to cram for tests or finals. I understand that it's not always that simple, but combining consistent attendance and attentiveness with other learning strategies such as goal setting and effective organization will lead to more success with less stress. Please ask your students what they will continue to do and do differently during the second semester.

Chris Bede, Principal

## News From The Den

### Eastlake Daily Bell Schedule

### Semester 2 Begins

Click [here](#) for the daily schedule for the week of January 28th.

The [Daily Bell schedule](#) varies often week to week, so please bookmark the Bell schedule from the Eastlake website so you know the schedule!

### Attendance Notes

If you receive an automated call regarding period 4, please note that this could be WOLF TIME which is blocked with period 4, but entirely separate from period 4. Please ask your child to come

see Haven Scholz in Attendance to get this absent mark excused

## International Parent Night - February 6th

Parents, did you attend high school in another country? Do you have any questions about high schools in the United States? We try to keep parents informed, but we're wondering if international parents have questions we're not answering. We'd like to help you make informed decisions as your children attend Eastlake. If you have questions, please come to our school's library on Wednesday, February 6th, at 6:00 pm. We will not have a prepared presentation because we don't know what questions you might have. This will be a casual conversation.

Possible topics might include registration for next year, graduation requirements and electives, the PTSA, school discipline, English Language Learners, special education and IEPs, SAT and ACT for college testing, our high school guidance counselors, our supports for students who struggle with drugs or alcohol or mental health challenges.

If you have questions about these or any other topics, then please come to our library on February 6th at 6:00 pm. We will have an administrator, a counselor, a teacher, and a PTSA representative to have a conversation with and to answer any questions.

If you need an interpreter or transportation, please contact [Todd Apple](#).

## Final PE Credit Option Deadline Coming Up

To earn a high school diploma, students must earn two health and fitness credits. 1.5 credits represent the fitness portion of the requirement, and are met by course work in physical education. The other .5 credit is met by taking a health course. There may be special circumstances where a student may need an alternative option to meet this requirement. Students must fill out the [Appendix E](#) of the [graduation policy](#) and have it approved by a principal or designee to be eligible to use one of the options. These alternative PE options are available beginning in the student's 11th grade school year.

One option, the Fitness Knowledge Assessment, will be given on February 27. For information on this option go to the [district website](#). Students who want to use a different option, the Fitness Plan, will need to submit their plan by February 27. The Fitness Plan directions are available on the [district website](#). This is the final fitness assessment and plan opportunity for the 2018-19 school year.

## Semester 2 Parking Permits

If your student needs to start parking on campus you can purchase a \$28 Semester 2 Parking Permit beginning 1/28/19. Please complete the online [Parking Application Form](#) and pay for the permit online at [www.lwsd.org](#) with Parent Access or send in cash or check for \$28 made out to EHS. Students must come to the Bookkeeping Window before school or during lunch with their Driver's License to pick up the permit. Semester 2 Permits will not be available for purchase until 1/28/19.

## Semester 2 Class Fees

Please check with your students to see if they have any class fees for Semester 2. Class fees will be listed in the syllabus, and can also be found by logging into Parent Access at [www.lwsd.org](#) after 2/4/19. Class fees are due by 3/6/19. Please contact your student's counselor if class fees are a hardship for your family.

## 2019 Multicultural Talent Show Try-Outs

In preparation for our 2019 [Multicultural Talent Show](#), we're looking to put a spotlight on students whose talents represent their culture. If your student has a talent to showcase, please encourage them to sign up to perform at the show. Sign ups for auditions are outside of E201 and they will be held on Wednesday, January 30 after school. If your student has any questions, have them talk to Ms. Egashira in E201 or email her at [aegashira@lwsd.org](mailto:aegashira@lwsd.org).

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## Athletics

Please visit [KINGCOATHLETICS.COM](#) for all game schedules and standing for Eastlake winter sports. **Go Wolves!**



## NCAA Spring Signing Ceremony

Eastlake will be hosting a second NCAA signing ceremony Wednesday February 6th at 12:30 in the

main gym. Join us as we celebrate Eastlake athletes that will be playing their sport in college. Please contact Amy Hill if you are playing a sport in college and would like to be included.

### Weekly Sports Recap

Read about how the WOLVES did competition this week and over winter break.

### Spring Sports Registration opens January 28th -

Try-outs for cut sports and practices for non cut sports begin on Monday February 25th.

All athletes registering for a spring sport need:

- a current PHYSICAL (good through 6/1/19)
- MEDICAL HISTORY on file in the Athletics office
- complete 3 online registration forms through Parent Access (opens 1/28/19)
- See the Eastlake Athletics [webpage](#) for more information.

See Mrs. Hill to verify if you have a valid physical on file.

**Spring Sports -Badminton** (no cut), **Baseball** (cut sport), **Fastpitch** (cut sport), **Girls Golf** (cut sport), **Boys Soccer** (cut sport), **Girls Tennis** (no cut), **Track & Field** (no cut). Information regarding try-out times will be updated on the Athletics website soon.

**GO WOLVES!**

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## Counseling, College & Career News



### Second semester starts this Monday!

Make sure to login to Skyward and view your schedule for Monday.

### Transcript requests are currently unavailable while first semester grades are being completed.

Please check back after February 5th. Once grades are posted counselors will upload mid-year reports to Common App and Coalition for seniors.

### Interested in Running Start?

There will be an information meeting Wednesday February 6th at 12:30 in the Theater. If you are unable to attend, counselors will hold a follow up session Friday, February 8th during Wolf Time.

### Attention Seniors! Important diploma information required by 2/1

Please complete the [Senior Diploma Information Form](#) no later than Friday, February 1st. Please note: any significant discrepancies from a student's official name listed in Skyward will be sent to parents/guardians for approval. Keep in mind, many colleges and employers require a copy of a student's high school diploma, therefore diploma name should reflect legal name.

### Important Senior Dates

GRADUATION is Mon., June 17th at 2pm at UW Alaska Airlines Arena. GRADUATION TICKETS will be handed out to students in the Main Office starting Fri., May 31st. CAPS & GOWNS will be distributed during lunch on Tue., June 4th.

### EHS Military Visits

Click [here](#) for upcoming Military visits to EHS.

### Area College and Career Events

Click [here](#) for Area Events happening soon.

### Scholarships

Find [scholarships on our radar](#) on the College and Career Center PowerSchool page. This week's scholarship spotlight is the [LWPTSA scholarship](#).

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## Seniors

### Senior Send Off - Graduation Night

Senior Send Off is a fun-filled celebration artfully organized by professional event planners from Grad Nights. Graduation night is a special, once-in-a-lifetime celebration and we want to make this joyous occasion a unique, memorable and safe event for all seniors. While it is a few months away, you can sign up anytime from now until May 1. If you have made a payment, make sure you have completed all the paperwork (including any specific paperwork for life threatening illnesses). The paperwork can be returned to the main office. If you have turned in paperwork, but not paid yet,

please make a payment by check or online payment. All checks can be brought to the main office. The cost of the event is \$175 and includes chartered bus transportation, food, drinks, games, prizes, and fun events planned at two different locations. Please check out all the details on the PTSA web site and email Renee Baker if you have any questions: [sso@ehsptsa.org](mailto:sso@ehsptsa.org).

### Senior Send Off Call for Volunteers!

Senior Send Off is an incredible event held each year the night of graduation and parents like you make it possible! **We need volunteers** for the night of the event: at the event as chaperones OR helping at the school during check-in. For check-in, you would need to be available from 9-10 pm on Monday, June 17th. To chaperone the event, you will need to be able to pull an awesome all-nighter! You will be on the buses with the students and at the amazing venues having a good time and supervising the good time! Chaperones need to be at Eastlake at 9 pm, June 17 and will be back by 6 am the following morning, June 18. Having chaperoned the past two years, I can tell you that it really is fun. Any parent can volunteer. In fact, it is probably best if parents of sophomores and juniors chaperone. Please contact Renee Baker for more information: [sso@ehsptsa.org](mailto:sso@ehsptsa.org)

### Senior Yearbook Ads

Senior Yearbook ads are a great way to celebrate student success and milestones and reflect on the person your student has become. Show your pride and support your school at the same time! Please access information on how to create your advertisement [here](#).

**The deadline for ad creation is February 15, 2019.**

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[WEBSITE](#)

[ABOUT US](#)

[ACADEMICS](#)

[ACTIVITIES](#)

[ATHLETICS](#)



[Calendar](#)

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