



Lake Washington School District

Eastlake High School

400 228th Ave. N.E., Sammamish, WA 98074 | 425 936-1500



Eastlake Credo: At Eastlake, through intentional actions, we create an environment where students and staff feel safe, appreciated and loved. This is Eastlake. This is home. This is family. **WSPS.**

Principal Message

Dear Wolves,

As students finalize their registration for next year, we want to remind everyone of our Value to "Balance competition and ambition with gratitude and wellness." We definitely don't want to hold students back, but at the same time we want to make sure they are prepared for the challenges of the coursework they choose. This includes not only individual classes, but the totality of all classes.

We want students to work hard and achieve, but also enjoy high school. It's a time where students also need to learn to live happy, healthy and balanced lives.

One way we help students find this balance is through our Wellness offerings. We have an incredible Health and Fitness class that integrates the two subject, so that students learn about fitness in the context of health. For example, our students learn about physiology at the same time they receive an introduction to weight training. Our Health class also addresses important topics such as stress management and healthy relationships.

One of our elective opportunities is Walking and Yoga, which can also help alleviate stress and anxiety through the study of mindfulness.

Other elective classes include Lifetime Sports, Racquet Sports, Team Sports, Golf, Fitness and Conditioning and Outdoor Adventures. These classes teach and allow students to practice new skills. They also ensure that students exercise during the school day. Brain science shows that exercise will not only help students live healthier and happier lives, but it also improves cognitive function. It will help students perform better on their 5th period Math test.

WSPS

Chris Bede, Principal

Quick Links

[Eastlake Website](#)

SCREENAGERS

Wednesday March 8th 6:30PM Eastlake Theatre

Screenagers is a film about the impact of the digital age on children. Please

join us for a free screening of the film and panel discussion. Click [here](#) for a flyer for this event.

AP Registration

Daily Bell Schedule

AP testing will be from May 1st to May 19th. The registration period is from March 6 to March 17 and students should have received a registration packet in their AP class. Extras are in the Counseling Center. Please complete the following steps and submit the registration envelope to the bookkeeper no later than Friday, March 17th at the end of last lunch.

EHS PTSA Page

- Fill out the registration envelope with the required information.
- Pay online at [lwsd.org using Parent Access](http://lwsd.org/using/Parent/Access) OR pay by check or cash. If you pay online, print the receipt and enclose it in the registration envelope. If you pay by check, make the check out to LWSD and write the student's name on the check and enclose the check in the registration envelope.
- Return the registration envelope with the online payment receipt, check or cash enclosed (\$96 per exam) to the bookkeeper at your high school.
- Please see Mrs. Harrison in the Counseling Center with any questions.

WOM January Congratulations to the Wolf of the Month Nominees for [January 2017](#)

Congratulations

PTSA Council Community Service Award

Eastlake PTSA is very pleased to congratulate Tyler Zangaglia on winning the prestigious Lake Washington PTSA Council Community Service Award at the Annual Founder's Day Luncheon last Friday at the Sahalee Country Club. Tyler is the Founder and Director of The Hope Festival - an annual and powerful day of giving which serves over 1500 local families and individuals in need with necessary supplies for daily life. The Festival is a collaborative effort with support from local schools, businesses, organizations and generous individuals. Each year Tyler recruits a new team of youth to help plan and execute the Festival. The event has an average of 300 volunteers which are the pivotal part in making sure each guest walks out of the event feeling more content, empowered and with a newfound sense of hope. Additionally, one of the goals is to inspire students to volunteer and serve those struggling in our communities. Tyler is actively involved in the Eastlake ASB, leadership at the Boys and Girls Club, Eastlake Interact, Key Club as well as other local committees and groups; all of which he states "brings me a ton of joy!"

Congratulations, Tyler on this well deserved award.



Eastlake Rotary Student of the Month-

Eunia Lee was nominated for the Rotary Student of the Month because of her passion for science, drive to learn, and the kindness and generosity she demonstrates towards all students. Eunia excels in all classes, demonstrating an aptitude specifically in math and science. In these classes Eunia consistently demonstrates a desire to go beyond our high school curriculum, showing a passion for the content and how understanding the world around us can positively impact human lives. The most impressive thing about Eunia is the way she treats others. Eunia strives to pass on her love of science and is able to help her peers while showing



respect and patience. Eunia has tutored numerous students, served as a TA in the science department, and never passes up an opportunity to help a fellow wolf. She is an excellent example of the attitude of service and life-long learning, and represents our school community well. We are proud of the work Eunia has done throughout her time as an EHS student, and know that she will go on to accomplish great things.

State Science Olympiad and National Science Bowl

Do you know what Eastlake has NEVER done? **Made it to State at Science Olympiad!** Last weekend they did by beating teams from Redmond, Bellevue, Inglemoor, and ICS! Competing against many teams that have a year-long class to prepare, we worked after school and on our own, winning 20 medals in events such as building a hovercraft, a helicopter, a robot arm, a tower, and testing on Ecology, Diseases, Invasive species, Astronomy, and many more! They will now face schools with more resources and experience, but will our intelligence and hard work be enough to win? Congratulate and cheer the Science Olympiad team with coaches Larry Shan and Anisa Ashraf.



Science Olympiad Members

Also on Saturday, we had eight other members compete in the National Science Bowl competition in Pasco! Our two teams of freshmen held their own against upper classmen from across the state. One team placed 4th out of the 26 teams competing! All students competing this weekend did a great job representing EHS!



Science Bowl 4th place finishers:
Maneeh Rajagopal, Neha Dalia, Ritesh Boddipalli and Suraj Dhulipalla

College, Counseling and Career News:

EHS College Visits

Students sign-up for college visits on [PowerSchool](#)

School	Date	Time
University of the Pacific University of Idaho University of Alabama Embry-Riddle Aeronautical University Hawaii Pacific University Whitworth University Salve Regina University Boise State	Tuesday, March 7	Both lunches *In the Commons* No sign-up required
Northern Arizona University	Thursday,	12:05 pm



	March 9	
Savannah College of Art and Design (SCAD)	Tuesday, March 14	9:15 am
Fashion Institute of Design and Merchandising (FIDM) "Acing the Interview"	Thursday, March 16	Wolf Time
Fashion Institute of Design and Merchandising (FIDM) (EHS college visit)	Thursday, March 16	9:55 am
University of Utah	Tuesday, April 25	9:00 am
San Diego State University	Friday, April 28	1:30 pm

Wolf Time Sessions

Scholarship Working Session

March 9, Wolf Time

Seniors, do you need time to work on scholarships? Bring your laptops, applications and questions and let's get to work. Students sign-up on Flexi-Sched.

Interview Skills

March 16, Wolf Time

Learn how to "Ace your Interview" with special guest speaker, Colette Keogh from the Fashion Institute of Design and Technology (FIDM). Learn how to prepare, plan and execute ideas and to make the most of every job/career/college interview. Students sign-up on Flexi-Sched.

Engineering and Manufacturing Careers

March 23, 9:00-9:55 am

Careers in Engineering and Manufacturing with special guests, Kathy Moodie, Vice President of Boeing Everett Site Operations and Juli Meyer, Senior Manager of the 777 Airframe Engineering team. Students sign-up on Flexi-Sched.

Washington State University (WSU) still accepting applications for Fall 2017 Admission

Interested students should [apply](#) ASAP.

WANIC Open House

Wednesday, March 8, 2017, 5:30 pm-7:30 pm Lake Washington Institute of Technology

Learn more about Washington Network for Innovative Career's full-year programs at their annual [Open House](#). Tours of WANIC classrooms will be offered every half hour. Students interested in Fire & EMS, Dental Careers, Health Science Careers, or Medical Careers tables, may count the Open House visit as a site visit (a required step in the enrollment process). Remember to sign-in. Note: Summer WANIC information will not be available at the Open House. While registration for the 2017-18 school year program is open now, summer WANIC Registration will begin after spring break.

Scholarship Spotlight

Katherine Siddoway Scholarship (Eastlake PTSA) (2 offered)

March 27, 2017 Deadline

Eastlake High School's founding principal, Katherine Siddoway, had a vision for schools to recognize that all students are gifted and talented. Under her leadership, EHS became a "student-centered community of learners in which each person had dignity and intrinsic worth." Ms. Siddoway built on students' strengths to prepare them to make responsible choices as contributing members of the global community. Scholarship application can be found on the Counseling and Career Center PowerSchool page.

2017 Community Service Awards (Eastlake PTSA) (2 offered per grade level)

March 27, 2017 Deadline

EHS PTSA will recognize outstanding contributions to the Eastlake and/or Sammamish community. Senior award recipients: 2-\$500 scholarships awarded (\$400 to be applied to future academic endeavors and \$100 to be donated to the charity of his/her choice). Freshman, sophomore, and junior award recipients: A

certificate of award that can be used in their college portfolio. Students may also reapply as seniors for the financial award. Scholarship application can be found on the Counseling and Career Center PowerSchool page.

Scholarships

[EHS Scholarship Bulletin](#) for scholarships on our radar.

Our [PowerSchool page](#) is worth a look!

Students may sign-up to see a member of the counseling and career center team, check out college and career resources, see our full calendar of EHS and area events, find a student job, volunteer opportunities and more.

Eastlake Athletics -



Spring Sports

Track & Field will be taking registrations until March 10th

Please check the [Sports Registration tab](#) on the EHS website for information about registration.

Make sure you have a current physical by checking with Mrs. Hill in the Athletics Office.

EHS Dance Friends and Family Night March 21st, 7pm: The Eastlake dance team will be performing their state competition routines in preparation for the Sundome March 25th. Come to the EHS main gym and watch the team perform, plus enjoy some treats, put on by the Boosters.



Eastlake Baseball Fundraiser - March 11th

Pitch In for Eastlake Baseball is a community fundraising event for current, future and alumni parents and supporters of the Eastlake Baseball program. This event will be held at the Red Barn Farm on March 11 at 6:30 pm. Click [here](#) for all the details!

Congratulations to the Eastlake Girls Basketball Team-

Eastlake was proud to send you off to state on Wednesday March 1st. Although your season ended abruptly we are all very proud of the run you made to the WIAA State Tournament. Thanks to all the fans, cheer, dance, staff and the BAND that made the trek to the dome! Go Wolves!



Concussions: What Athletes and Parents Need to Know:

March 7th 7PM @ Lake Washington High School For more information about this event click [here](#).

Free Electronics Recycling Event Sponsored by Eastlake Fastpitch

Saturday March 4th @ Eastlake High School

Please click [here](#) for a flyer giving you all of the details!

PTSA Textile & Clothing Drive April 22nd - Spring Cleaning Time!

Please consider saving and then donating used clothing and other items for Eastlake's PTSA Textile Drive on Saturday, April 22nd and Sunday, April 30th from 9:00 am to 4:00 pm. Acceptable donations include clothing, paired shoes, accessories, bedspreads, sheets, blankets, towels, draperies, stuffed animals, and all other cloth items in any condition. Your donations are tax deductible. This drive will help benefit Grad Night. The more donations we collect the more money we make. For questions, contact Julie Sanders, PTA Project Chair for the Textile Drive at: julie@scottandjulie.com

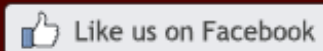


Senior Send Off Sign Up Alert!

Beginning Tuesday, February 28, you can send payment to school with your senior to purchase their SENIOR SEND OFF admission! All admission sales will be during lunch in the Commons. Each student will be given a receipt and a Release/Permission form to be completed and signed by student AND parent. Forms must be returned to the office ASAP. These forms are mandatory! Cost is \$165 for this all inclusive, all night, fully chaperoned, safe graduation party. Prefer to register and pay online? Click [here](#).

Financial assistance is available, please contact your Counselor. Senior Send Off is solely sponsored by EHS PTSA. Please note admission is non refundable. Want more info? See our [FAQ](#) page or contact [Carlene Camera](#), SSO 2017 Chair.

When you're signing up for SSO, think about making a donation to Baccalaureate, as well. This special evening sponsored by PTSA is an intimate gathering for students, parents, and extended family to celebrate their student's move beyond high school. Enjoy senior student performances in music and dance as well as teacher and community speakers. It's a night you won't want to miss as part of your graduate's celebration. Put it on your calendars: Friday, June 9th, 7:00 pm, Timberlake Church.



[Forward this email](#)